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**Grieving Beyond Gender**

Kenneth J. Doka - 2011-01-19

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Grieving Beyond Gender: Understanding the Ways Men and Women Mourn is a revision of Men Don’t Cry, Women Do: Transcending Gender Stereotypes of Grief. In this work, Doka and Martin elaborate on their conceptual model of "styles or patterns of grieving" – a model that has generated both research and acceptance since the publication of the first edition in 1999. In that book, as well as in this revision, Doka and Martin explore the different ways that individuals grieve, noting that gender is only one factor that affects an individual’s style or pattern of grief. The book differentiates intuitive grievers, where the pattern is more affective, from instrumental grievers, who grieve in a more cognitive and behavioral way, while noting other patterns that might be more blended or dissonant. The model is firmly grounded in social science theory and research. A particular strength of the work is the emphasis placed on the clinical implications of the model on the ways that different types of grievers might best be supported or group support.

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emphasizes the clinical implications of the model on the ways that
different types of grievers might best be supported
through individual counseling or group support.

**Men Don't Cry, Women Do** -
Kenneth J. Doka - 2014-03-05
Do men and women grieve differently? This text, while
emphasizing that there are many ways to cope with grief,
offers a refreshing change from the popular gender
stereotypes of grief. Two patterns of grieving are
described: an intuitive pattern
where individuals experience and express grief in an
affective way (stereotyped as female); and an instrumental
pattern where grief is expressed physically or
cognitively (stereotyped as male). A third pattern
representing a blending of these two is also introduced.
Of critical importance is that such patterns are related to,
but not determined by, gender; and each has distinct
strengths and weaknesses. Organized into three main

begins by defining terms,
introducing and delineating
the grief patterns, and rooting
the book's concept in
contemporary theories of
grief. The second part
speculates on factors that may
influence individuals' patterns
of coping with loss (e.g.,
personality, gender, culture,
etc.). The final part considers
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**Grief Is a Journey** - Kenneth J. Doka - 2016-04-12
In this “volume of rare sensitivity, penetrating understanding, and profound insights” (Rabbi Earl A. Grollman, author of Living When a Loved One Has Died), Dr. Kenneth Doka explores a new, compassionate way to grieve, explaining that grief is an individual and ongoing journey. There is no “one-size-fits-all” way to cope with loss. The vital bonds that we form with those we love in life continue long after death—in very different ways. Grief Is a Journey is the first book to overturn prevailing, often judgmental, ideas about grief and replace them with a hopeful, inclusive, personalized, and research-backed approach. New science and studies behind Dr. Doka’s teaching upend the dominant but incorrect view that grief proceeds by stages. Dr. Doka helps us realize that our experiences following a death are far more individual and much less predictable than the conventional “five stages” model would have us believe. Common patterns of experiencing and expressing grief still prevail, yet many other life changes accompany a primary loss. For example, the deaths of parents, even for adults, modify family patterns, change relationships, and alter old family rituals. Unique to this book, Dr. Doka also explains
The vital bonds that we form—disenfranchised grief—the types of loss that are not so readily recognized or supported by society. These include the death of ex-spouses, as well as non-fatal losses such as divorce, the end of a friendship, job loss, or infertility. In addition, Dr. Doka considers losses that might be stigmatized, including death by suicide or from disease or self-destructive behaviors such as smoking or alcoholism. And finally, Dr. Doka reminds us that, however painful, grief provides opportunities for growth.

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Counselling for Grief and Bereavement - Geraldine M Humphrey - 2007-12-18
`The authors have done their homework in reading and consulting with the prominent literature, especially regarding children. All this effort gives the book a solid background foundation and makes it readable, and well usable, for both lay counsellors and professional providers, and for all of us who are engaged in the delicate and rewarding endeavor of Grief Therapy' - Naji Abi-Hashem, Clinical & Cultural Psychologist, the First Edition: `The book provides an absorbing and challenging journey through the possible process involved in bereavement work, and encourages one to think broadly about how one can approach a bereaved person this was a book I enjoyed reading very much, and which I found both theoretically sound and practically helpful' - Bereavement Care (Cruse) Counselling for Grief and Bereavement, Second Edition is a bestselling, introductory guide for professionals who work with people experiencing bereavement through death and other forms of loss. Focusing on practical assessment and intervention strategies, Geraldine Humphrey and David Zimpfer guide readers through the essential theory and skills needed to work with clients in a way which sensitively facilitates the process of grief, initiates healing and promotes a sense of growth. Setting out the broad principles for practice, the authors go on to show how these can be applied in
Counselling for Grief and Bereavement

families and groups and in relation to specific issues including chronic and life-threatening illnesses, palliative care and complicated grief. Carefully chosen case examples illustrate the counselling process, while specific attention is paid throughout to ethical considerations and the possible need for referral. This fully revised and updated Second Edition features a new chapter on working with children and adolescents: both from the perspective of young people who are grieving losses and those who are receiving palliative care as patients. While focusing on the practical, the book provides a firm theoretical base by explaining key concepts such as attachment, grief and resilience. Geraldine M. Humphrey is Counsellor in the Department of Psychology at the North Canton Medical Foundation, specializing in death, illnesses, and non-death and grief. David G. Zimpfer is former Director of the Cancer Center of Ohio.

Bereavement - Geraldine M Humphrey - 2007-12-18

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Counseling Individuals With Life-Threatening Illness - Kenneth J. Doka, PhD - 2008-09-15

With a Foreword by Robert A. Neimeyer, PhD "Where was this book when I was new as a counselor? Fortunately, it is here now, and with all the scope, depth, resourcefulness, and balance required for such situations." -Dr. Robert Kastenbaum, PhD "This book will now be an indispensable resource for anyone who wants to understand, counsel, or otherwise help individuals
to take certain diagnostic and their family members." -- Charles A. Corr, PhD, CT
"Without question, this is the book you'll want your own caregivers to have read should you ever contend with life-threatening illness." -- Therese A. Rando, PhD, BCETS, BCBT Life-threatening illness is not only a medical crisis; it is a psychological, social, and spiritual crisis as well. Also, serious illness affects not only the patient, but the patient's family. Therefore, the two major premises of this book are that care in life-threatening illness must be holistic, and it must be family centered. Doka presents an insightful, comprehensive guide for counselors, social workers, and health care professionals, as they assist clients experiencing a serious illness. The book builds on a model developed by the author, based upon earlier work by Avery Weisman and E. M. Patterson. Doka's model presents illness as a series of phases: Prediagnostic: individuals may decide how to handle troubling symptoms or tests Diagnostic: centered on the existential crisis posed by the diagnosis Chronic: individuals must cope with the disease and treatment Recovery: acknowledges that even when individuals survive an encounter with life-threatening illness, there are still considerable issues that must be resolved Terminal phase: individuals deal with the inevitability of death In his discussion of each phase, the author delineates specific tasks for patients to perform and the issues they must adapt to. He also presents strategies for counselors and health care professionals to use with individuals in each phase of illness.

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- **Prediagnostic:** individuals may decide how to handle troubling symptoms or to take certain diagnostic tests
- **Diagnostic:** centered on the existential crisis posed by the diagnosis
- **Chronic:** individuals must cope with the disease and treatment
- **Recovery:** acknowledges that even when individuals survive an encounter with life-threatening illness, there are still considerable issues that must be resolved
- **Terminal phase:** individuals deal with the inevitability of death

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**Disenfranchised Grief** - Kenneth J. Doka - 2002
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This book focuses on the kind of grief that is not openly acknowledged, socially validated, or publicly mourned. It addresses the unique psychological, biological, and sociological issues involved in disenfranchised grief. The contributing authors explore the concept of disenfranchised grief, help define and explain this type of grief, and offer clinical interventions to help grievers express their hidden sorrow.

Continuing Bonds - Dennis Klass - 2014-05-12
First published in 1996. Routledge is an imprint of Taylor & Francis, an informa company.

Understanding Loss and Grief for Women: A New Perspective on Their Pain and Healing - Robert W. Buckingham - 2017-05-18
This book can enhance everyone's understanding of how women experience loss and grief, and how they transition to resolution. It is an invaluable resource to women and everyone who supports them—spouses, partners, and family members as well as community and government. • Explicates the socially constructed roles of women, in the past and in modern society, to illustrate what has been considered "appropriate" expression and response to loss and grief for women, and to enable a unique understanding the phenomenal loss experience for women • Presents an invaluable framework, as a
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**Understanding Grief** - Richard Gross - 2015-10-05
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**When man meets dog** - Chris Blazina - 2016-05-12
Have you ever wondered why dogs are considered ‘man’s best friend?’ In this book, Psychologist Dr Christopher Blazina explains the importance of the unique bond between men and dogs. There are widely-held beliefs that males naturally transition into a state of self-imposed seclusion and emotional detachment in adulthood. Even relying on another person violates the rules of being a man. When Man Meets Dog explores how the bond with animal companions bypasses many of these barriers, helping males develop into happier, healthier men. What a difference a dog can make!

It’s also important to discuss the other side of attachment: loss. Again, the mixed messages men receive lead to difficulties with managing grief. When Man Meets Dog is the first book to discuss men’s continuing bonds with a lost animal companion. A

of reconnecting and preserving the memory of this unique connection. When Man Meets Dog is a memoir with a purpose. Chris shares his very personal story of how two shelter dogs not only changed the direction of his life, but also how he defines what it means to be a man.

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**Grief After Suicide** - John R.
Jordan - 2011-01-19
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health professionals, grief
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covered include the impact of
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interventions to provide
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suicide is a major public health problem around the world. A suicide leaves behind more victims than just the individual, as family, friends, co-workers, and the community can be impacted in many different and unique ways following a suicide. And yet there are very few professional resources that provide the necessary background, research, and tools to effectively work with the survivors of a suicide. This edited volume addresses the need for an up-to-date, professionally-oriented summary of the clinical and research literature on the impact of suicide bereavement on survivors. It is geared towards mental health professionals, grief counselors, clergy, and others who work with survivors in a professional capacity. Topics covered include the impact of suicide on survivors, interventions to provide bereavement care for survivors, examples of promising support programs for survivors, and developing a research, clinical, and programmatic agenda for years and beyond.


Practical and inspiring, DEATH & DYING, LIFE & LIVING, 8th Edition helps students learn how to navigate encounters with death, dying, and bereavement. The authors integrate classical and contemporary material, present task-based approaches for individual and family coping, and include four chapters devoted to death-related issues faced by children, adolescents, young and middle-aged adults, and older adults. They also discuss a variety of cultural and religious perspectives that affect people's understanding and practices associated with such encounters. Practical guidelines for constructive communication encourage productive living in the face of death. You can use this book as a primary textbook for undergraduate and graduate courses in death, dying, and bereavement; as a
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Death & Dying, Life & Living - Charles A. Corr - 2012-01-01
Practical and inspiring, this field-leading book helps students learn how to navigate encounters with death, dying, and bereavement. The authors integrate classical and contemporary material, present task-based approaches for individual and family coping, and include four substantial chapters devoted to death-related issues faced by children, adolescents, young and middle-aged adults, and older adults. The book discusses a variety of cultural and religious perspectives that affect people's understanding.
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**Working with the Bereaved** - Simon Shimshon Rubin - 2012
Working With the Bereaved summarizes the major themes in bereavement research and clinical work and uses the authors’ own cutting-edge research to show mental-health practitioners how to integrate these themes into their practice. It provides clinicians with a framework for exploring their own emotional and intellectual assumptions about loss and bereavement, and it goes on to summarize state-of-the-art thinking in the field. The heart of the book focuses on the theoretical and clinical implications of the empirically validated Two-Track Model of Bereavement, as well as a variety of therapeutic
bereavement, and it goes on the bereaved both reapproach life and manage their continuing bonds with the deceased. The later chapters examine methods for integrating systems and family perspectives in therapy, for attending to the implications of culture and religion, and for meeting crises and emergencies in bereavement care. The concluding chapter addresses self-care, well-being, and resilience, offering practical guidelines for both the bereaved and those who treat them.

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**Techniques of Grief Therapy** - Robert A. Neimeyer - 2012-05-23

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Techniques of Grief Therapy is an indispensable guidebook to the most inventive and inspirational interventions in grief and bereavement counseling and therapy. Individually, each technique emphasizes creativity and practicality. As a whole, they capture the richness of practices in the field and the innovative approaches that clinicians in diverse settings have developed, in some cases over decades, to effectively address the needs of the bereaved. New professionals and seasoned clinicians will find dozens of ideas that are ready to implement and are packed with useful features, including: Careful discussion of the therapeutic relationship that provides a "container" for specific procedures An intuitive, thematic organization that makes it easy to find the right technique for a particular situation Detailed explanations of when to use (and when not to use) particular techniques Expert guidance on implementing each technique and tips on avoiding common pitfalls Sample worksheets and activities for use in session and as homework assignments Illustrative case studies and transcripts Recommended readings to learn more about theory, research and practice associated with each technique

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**Handbook of Social Justice in Loss and Grief** - Darcy L. Harris - 2016-02-05
The Handbook of Social Justice in Loss and Grief is a scholarly work of social criticism, richly grounded in personal experience, evocative case studies, and current multicultural and sociocultural theories and research. It is also consistently practical and reflective, challenging readers to think through responses to which social justice is undermined by radically uneven opportunity structures, hierarchies of voice and privilege, personal and professional power, and unconscious assumptions, at the very junctures when people are most vulnerable—at points of serious illness, confrontation with end-of-life decision making, and in the throes of grief and bereavement. Harris and Bordere give the reader an active and engaged take on the field, enticing readers to interrogate their own assumptions and practices while increasing, chapter after chapter, their cultural literacy regarding important groups and contexts. The Handbook of Social Justice in Loss and Grief deeply and uniquely addresses a hot topic in the helping professions and social sciences and does so with uncommon readability.

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Attachment-Informed Grief Therapy - Phyllis S. Kosminsky - 2016-04-14
Attachment-Informed Grief Therapy bridges the fields of attachment studies and thanatology, uniting theory, research, and practice to enrich our understanding of how and why people grieve and how we can help the bereaved. In its pages, clinicians and students will gain a new understanding of the etiology of complicated grief and its treatment and will become better equipped to formulate accurate and specific case conceptualization and treatment plans. The authors also illustrate the ways in which the therapeutic relationship is a crucially important—though largely unrecognized—element in grief therapy, and offer guidelines for an attachment informed view of the therapeutic relationship that can serve as the foundation of
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Helping Grieving People - Helpful Grieving People - J. Shep Jeffreys - 2011-05-09
Helping Grieving People - When Tears Are Not Enough is a handbook for care providers who provide service, support and counseling to those grieving death, illness, and other losses. This book is also an excellent text for academic courses as well as for staff development training. The author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies, always cognizant of individual and cultural differences in the expression and treatment of grief. Jeffreys has established a practical approach to preparing grief care providers through three basic tracks. The first track: Heart - calls for self-discovery, freeing oneself of accumulated loss in order to focus all attention on the griever. Second track: Head - emphasizes understanding the complex and dynamic phenomena of human grief. Third track: Hands - stresses the
Helping Grieving People - intervention, and speaks to lay and professional levels of skill, as well as the various approaches for healing available. Accompanying these three motifs, the Handbook discusses the social and cultural contexts of grief as applied to various populations of grievers as well as the underlying psychological basis of human grief. Throughout the book, Jeffreys presents the role of the caregiver as an Exquisite Witness to the journey of grief and pain of bereaved family and friends, and also to the path taken by dying persons and their families. The second edition of Helping Grieving People remains true to the approach that has been so well received in the original volume. It includes updated research findings and addresses new information and developments in the field of loss, grief and bereavement.

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Superhero Grief - Jill A. Harrington - 2020-12-30
Superhero Grief uses modern superhero narratives to teach the principles of grief theories and concepts and provide practical ideas for promoting healing. Chapters offer clinical strategies, approaches, and interventions, including strategies based in expressive arts and complementary therapies. Leading researchers, clinicians, and professionals address major topics in death, dying, and bereavement, using superhero narratives to explore loss in the context of bereavement and to promote a contextual view of issues and relationship types that can improve coping skills. This volume provides support and psychoeducation to students, clinicians, educators, researchers, and the bereaved while contributing significantly to the literature on the intersection of death, grief, and trauma.
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The Francis Factor and The People of God - Arbuckle, Gerald A - 2015-04-01

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Non-Death Loss and Grief - Darcy L. Harris - 2019-10-31
Non-Death Loss and Grief offers an inclusive perspective on loss and grief, exploring applications, and current thinking on non-death losses and the unique features of the grieving process that accompany them. The book places an overarching focus on the losses that we encounter in everyday life, and the role of these loss experiences in shaping us as we continue living. A main emphasis is the importance of having words to accurately express these ‘living losses’, such as loss of communication with a loved one due to disease or trauma, which are often not acknowledged for the depth of their impact. Chapters showcase a wide range of contributions from international leaders in the field and explore individual perspectives on loss as well as experiences that are more interpersonal and sociopolitical in nature. Illustrated by case studies and clinical examples throughout, this is a highly relevant text for clinicians looking to enhance their support of those living with ongoing loss and grief.
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Grief and Bereavement in
Contemporary Society -
Robert A. Neimeyer -
2021-09-09
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Contemporary Society is the
authoritative guide to the
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Aging and Diversity -
Chandra Mehrotra - 2013-03-07
This new edition has been completely rewritten and includes chapters that address key topics in diversity and aging: research methods, psychological aging; health beliefs, behaviors, and services; health disparities; informal and formal care for older persons; work and retirement; religious affiliation and spirituality; and death, dying, and bereavement. Taking a broad view of diversity, Mehrotra and Wagner discuss elements of diversity such as gender, race or ethnicity, religious affiliation, social class, rural-urban community location and sexual orientation. Including these elements allows them to
the material; the key for each complexity of our diverse culture - complexities that provide both challenges to meet the needs of diverse population and opportunities to learn how to live in a pluralistic society. Throughout the book, Mehrotra and Wagner present up-to-date knowledge and scholarship in a way that engages readers in active learning. Rather than simply transmitting information, the authors place ongoing emphasis on developing readers’ knowledge and skills; fostering higher order thinking and encouraging exploration of personal values and attitudes. Distinctive features of the book include: Opening vignettes for each chapter that present a sampling of how the issues to be discussed apply to diverse elders. Active learning experiences that invite readers to interview diverse elders, conduct internet searches, and give an analysis of a case study. Quizzes at the end of the chapters help readers ascertain the extent to which they have learned quiz includes details about correct and incorrect responses so that additional learning can occur. Aging and Diversity Online boxes interspersed throughout the book provide internet resources that readers may use to find new research and publications. Suggested readings and audiovisual resources given at the end of each chapter serve as a guide to additional information on topics covered in the chapter. This approach of presenting the material will help the readers understand and apply key concepts and principles in ways that will not only improve the lives of older people they serve, but will also enhance their own aging experience.

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**How We Grieve** - Thomas Attig PhD - 2010-09-13

If we wish to understand loss experiences we must learn details of survivors' stories. The new version of How We Grieve: Relearning the World tells in-depth tales of survival to illustrate the poignant disruption of life and suffering that loss entails. It shows how through grieving we overcome challenges, make choices, and reshape our lives. These intimate treatments of coping with loss address the needs of grieving people and those who hope to support and comfort them. The accounts promote understanding of grieving itself, encourage respect for individuality and the uniqueness of loss experiences, show how to deal with helplessness in the face of "choiceless" events, and offer guidance for caregivers. The stories make it clear that grieving is not about living passively through stages or when we grieve; our experiences are complex and richly textured. Nor is grieving about coming down with "grief symptoms". No one can treat us to make things better. No one can grieve for us. Grieving is instead an active process of coping and relearning how to be and how to act in a world where loss transforms our lives. Loss forces us to relearn things and places; relationships with others, including fellow survivors, the deceased, even God; and our selves, our daily life patterns, and the meanings of our life stories. This revision adds an introductory essay about developments in the author's thinking about grieving as "relearning the world." It highlights and clarifies its most distinctive and still salient themes. It elaborates on how his thinking about these themes has expanded and deepened since the first edition. And it places his treatment of those themes in the broader context of current writings on grief and loss.
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Dealing with Dying, Death, and Grief during Adolescence - David E. Balk - 2014-02-18
For some, life’s introduction
For some, life’s introduction to death and grief comes early, and when it does it can take many forms. Not only does Dealing with Dying, Death, and Grief during Adolescence tackle them all, it does so with David Balk’s remarkable sensitivity to and deep knowledge of the pressures and opportunities adolescents face in their transition from childhood to adulthood. In seamless, jargon-free language, Balk brings readers up to date with what we know about adolescent development, because over time such changes form the backstory we need to comprehend the impact of death and bereavement in an adolescent’s life. The book’s later chapters break down the recent findings in the study of life-threatening illness and bereavement during adolescence. And, crucially, these chapters also examine interventions that assist adolescents coping with these difficulties. Clinicians will come away from this book with both a grounded understanding of adolescent development and the death, and they’ll also gain specific tools for helping adolescents cope with death and grief on their own terms. For any clinician committed to supporting adolescents facing some of life’s most difficult experiences, this integrated, up-to-date, and deeply insightful text is simply the book to have. David E. Balk is professor in the department of health and nutrition sciences at Brooklyn College (CUNY), where he directs the graduate program in thanatology. He is the author of Adolescent Development: Early Through Late Adolescence, Helping the Bereaved College Student, and several other books on death and bereavement. He is also co-editor of the 2nd edition of the Handbook of Thanatology (Routledge, 2013).

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When Professionals Weep -
Renee S. Katz - 2016-01-22
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When Professionals Weep speaks to the humbling and often transformational moments that clinicians experience in their careers as caregivers and healers—moments when it is often hard to separate the influence of our own emotional responses and worldviews from the patient’s or family’s. When Professionals Weep addresses these poignant moments—when the professional’s personal experiences with trauma, illness, death, and loss can subtly, often stealthily, surface and affect the helping process. This edition, like the first, both validates clinicians’ experiences and also helps them process and productively address compassion fatigue, burnout, and secondary traumatic stress. New material in the second edition includes increased emphasis on the
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The Suicide Funeral (or
Memorial Service) - Melinda
Moore - 2017-05-16
To our knowledge nothing
with The Suicide Funeral (or
Memorial Service): Honoring
Their Memory, Comforting
Their Survivors' scope and
depth has ever been
published. This is an aid to
anyone who will be called
upon to do a funeral for the
nearly 43,000 suicides in
America each year. This book
is designed to assist clergy,
chaplains, and other faith
leaders as they develop

funeral service. Its mandate is
to help those searching for
inspiration even though they
may feel confused or
uncertain undertaking such a
daunting assignment. Those
who plan and lead a funeral
service may enable family and
friends to understand and
participate intentionally in
their grief process. Clergy can
have a significant impact on
how people react to the
suicide as well as provide
comfort and assistance to
those left behind on their
journey through grief. Your
leadership will influence how
the suicide's bereaved are
treated by others in the days,
weeks, and months following
the death. Because suicide
does not discriminate by race,
socio-economic status, or
religion, a broad range of
faiths and denominations are
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New Techniques of Grief Therapy - Robert A. Neimeyer - 2021-09-30

New Techniques of Grief Therapy: Bereavement and Beyond expands on the mission of the previous two Techniques books, featuring innovative approaches to address the needs of those whose lives have been shadowed by loss—whether through bereavement, serious illness, the rupture of a relationship, or other complex or intangible losses, such as of an identity-defining career. The book starts with several framing chapters by prominent theorists that provide a big-picture orientation to grief work and follows with a generous toolkit of creative therapeutic techniques described in concrete detail and anchored in illustrative case studies to convey their use in actual practice.
Grief Therapy is an indispensable resource for professionals working in hospice, hospital, palliative care, and elder care settings; clinicians in broader health-care and mental health-care practices; executive coaches; and students in the field of grief therapy.

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What is happening emotionally when we grieve for a loved one? Is there a ‘right’ way to grieve? What effect does grief have on how we see ourselves? The Psychology of Grief is a humane and intelligent account that highlights the wide range of responses we have to losing a loved one and explores how psychologists have sought to explain this experience. From Freud’s pioneering psychoanalysis to discredited ideas that we must pass through ‘stages’ of grief, the book examines the social and cultural norms that
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The Psychology of Grief - Richard Gross - 2018-03-15
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The Crafting of Grief - Lorraine Hedtke - 2016-07-15
Many books on grief lay out a model to be followed, either for bereaved persons to live through or for professionals to practice, and usually follow some familiar prescriptions for what people should do to reach an accommodation with loss. The Crafting of Grief is different: it focuses on conversations that help people chart their own path through grief. Authors Hedtke and Winslade argue convincingly that therapists and counselors can support people more by helping them craft their own responses to bereavement rather than trying to squeeze experiences into a model. In the pages of this book, readers will learn how to develop lines of inquiry based on the concept of continuing bonds, and
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Bereavement Care for Families - David W. Kissane - 2014-01-03

Grief is a family affair. When a loved one dies, the distress reverberates throughout the immediate and extended family. Family therapy has long attended to issues of loss and grief, yet not as the dominant therapeutic paradigm. Bereavement Care for Families changes that: it is a practical resource for the clinician, one that draws upon the evidence supporting family approaches to bereavement care and also provides clinically oriented, strategic guidance on how to incorporate family approaches into other models. Subsequent chapters set forth a detailed, research-based therapeutic model that clinicians can use to facilitate therapy, engage the ambivalent, deal with uncertainty, manage family conflict, develop realistic goals, and more. Any clinician sensitive to the roles family members play in bereavement care need look no further than this groundbreaking text.
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Death and Dying is an important core text for students and professionals interested in developing a holistic understanding of death and dying. Chapters are replete with case studies, activities, key point boxes, and other features that enable readers to develop a sociologically informed understanding of the broad range of complex issues that underpin death and dying. Written by two established and highly respected experts in the field, it offers a thoroughgoing account of a wide range of social aspects of death and dying, filling gaps left by the traditionally narrow focus of the existing literature. By drawing the suggested sociological perspectives and highlighting the role of social policy, the authors put forward a fresh perspective of the field of thanatology. This book is a major contribution in progressing knowledge and understanding of dying and death for students and professionals in counseling, health and human services.
professionals in counseling, **Death and Dying** - Gerry R. Cox - 2020-09-09

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**Unexpecting** - Rachel Lewis - 2021-08-10

What to Expect When You’re No Longer Expecting When your baby dies, you find yourself in a life you never expected. And even though pregnancy and infant loss are common, they're not common to you. Instead, you feel like a stranger in your own body, surrounded by well-meaning people who often don't know how to support you. What you need during this time is not a book offering easy answers. You need a safe place to help you navigate what comes next, such as: · Coping with a postpartum body without a baby in your arms. · Facing social isolation and grief invalidation. · Wrestling with faith when you feel let down by God. · Dealing with the overwhelming process of making everyday decisions. · Learning to move forward after loss. · Creating a legacy for your child. In Unexpecting, bereaved mom Rachel Lewis is the friend you never knew you'd need,
faith when you feel let down unique grief of baby loss. When nothing about life after loss makes sense . . . this book will. "The guide that all parents experiencing pregnancy loss need when leaving the hospital grief-stricken, without a baby in their arms."--LINDSEY M. HENKE, founder of Pregnancy After Loss Support

**Unexpecting** - Rachel Lewis - 2021-08-10
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**Principles and Practice of Grief Counseling, Second Edition** - Howard R. Winokuer, PhD - 2015-08-10
Praise for the First Edition: “The book is well-written, interesting, informative, thorough, and useful! As an educator for 43 years, this is the sort of text that I would be pleased to use in my classroom! I would highly recommend this book! It is an

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New case scenarios further enrich the second edition. The text is grounded in the belief that grief counseling is distinct from other therapeutic issues because it is an adaptive response rather than a form of pathology. It describes the unique aspects of grief as a normal response to losses both death and non-death related, and views the goal of counseling bereaved individuals as one of facilitating the unfolding of the healthy and adaptive aspects of the process as it manifests itself within each client. The book introduces various theories of bereavement and examines different therapeutic modalities that can be used in the context of grief and loss. Specific counseling practices that facilitate successful interventions are discussed, particularly that of "presence," considered by the authors to be the primary therapeutic stance when working with bereaved individuals. The text also addresses grief counseling with special populations, ethical issues, and self-care.
support Regards grief therapy studies, discussion and reflection questions, and suggested additional resources are included in each chapter. New to the Second Edition: New insights on complicated grief, DSM categorizations of grief, resilience, and compassion-based approaches to death, loss, and grief A completely new chapter on the social context of loss, including social messaging, grieving rules, and workplace policies New case scenarios Addresses the unique aspects of grief after suicide and homicide Distinguishes grief/complicated grief from depression and trauma New information on the role and use of grief support groups New information on the use of social media and privacy issues Newly developed models of compassion-based response for counselors Application of current neuroscience research to grief counseling Use of technology and online counseling Key Features: Provides research-supported, practical guidance for grief counseling and as a unique form of counseling based on grief as an adaptive response rather than as a form of pathology Written by two internationally recognized leaders in the field Focuses on the importance of “presence” as the most important therapeutic foundation for working with bereaved individuals Includes questions for reflection and glossary of terms

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describes the unique aspects current theory and research in grief and bereavement. The second edition has been updated to reflect important new research and changes in the field, including insights on complicated grief, resilience after adverse life experiences, and compassion-based approaches to death, loss, and grief. It discusses the implications of the DSM-5’s omission of the bereavement exclusion for the diagnosis of a major depressive disorder. A completely new chapter on the social context of loss addresses social messages, grieving rules, workplace policies, and the disenfranchisement of many aspects of normal, health grief. The text also touches upon some of the therapies that have been developed by major researchers in the field to address complicated grief. New case scenarios further enrich the second edition. The text is grounded in the belief that grief counseling is distinct from other therapeutic issues because it is an adaptive response rather than a form of pathology. It of grief as a normal response to losses both death and non-death related, and views the goal of counseling bereaved individuals as one of facilitating the unfolding of the healthy and adaptive aspects of the process as it manifests itself within each client. The book introduces various theories of bereavement and examines different therapeutic modalities that can be used in the context of grief and loss. Specific counseling practices that facilitate successful interventions are discussed, particularly that of "presence," considered by the authors to be the primary therapeutic stance when working with bereaved individuals. The text also addresses grief counseling with special populations, ethical issues, and self-care concerns for counselors. Case studies, discussion and reflection questions, and suggested additional resources are included in each chapter. New to the Second Edition: New insights on complicated grief, DSM
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**Grief and Bereavement in the Adult Palliative Care Setting** - E. Alessandra Strada - 2013-06-20

This book in Palliative Care is an evidence-based handbook which helps palliative care clinicians identify risk factors and contributing variables to the development of pathological grief reactions, implement treatment plans that can adequately minimize the impact of risk factors, and provide professional and specific support to patients and families.

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**Handbook of the Sociology of Death, Grief, and Bereavement** - Neil Thompson - 2017-04-28

The Handbook of the Sociology of Death, Grief, and Bereavement sets issues of death and dying in a broad and holistic social context. Its three parts explore classical sociology, developments in sociological thought, and the ways that sociological insights can be useful across a broad spectrum of grief-related topics and concerns.

Guidance is given in each chapter to help spur readers to examine other topics in thanatology through a sociological lens. Scholars, students, and professionals will come away from the handbook with a nuanced understanding of the social context – cultural differences, power relations, the role of social processes and institutions, and various other sociological factors – that shape grief experiences.

**Parenting After the Death**
The death of a child has a tremendous and overwhelming impact on parents and siblings, completely altering the psychological landscape of the family. In the aftermath of such a tragedy, parents face the challenge of not only dealing with their own grief, but also that of their surviving children. How can someone attempt to cease parenting a deceased child while maintaining this role with his/her other children? Is it possible for a mother or father to effectively deal with feelings of grief and loss while simultaneously helping their surviving children? Parenting After the Death of a Child: A Practitioner’s Guide addresses this complex and daunting dilemma. Following on the heels of a qualitative research study that involved interviewing bereaved parents, both fathers and mothers, Buckle and Fleming have put together several different stories of loss and recovery to create an invaluable resource for grieving parents. The authors present the experience of losing a child and its subsequent impact on a family in a novel and effective way, demonstrating the strength and importance of their book for the counseling field.
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**Counting Our Losses**
Darcy L. Harris - 2011-01-19
This text is a valuable resource for clinicians who work with clients dealing with non-death, nonfinite, and ambiguous losses in their lives. It explores adjustment to change, transition, and loss from the perspective of the latest thinking in bereavement theory and research. The specific and unique aspects of different types of loss are discussed, chronic illnesses and degenerative conditions, divorce and separation, immigration, adoption, loss of beliefs, and loss of employment. Harris and the contributing authors consider these from an experiential perspective, rather than a developmental one, in order to focus on the key elements of each loss as it may be experienced at any point in the lifespan. Concepts related to adaptation and coping with loss, such as resilience, hardiness, meaning making and the assumptive world, transcendence, and post traumatic growth are considered as part of the integration of loss into everyday life experience.

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**Surviving Suicide Loss**
Rita A. Schulte, LPC
2021-08-03

Nothing could hurt worse. But even in the darkness . . . there’s hope. The pain of suicide loss is indescribable. with faith, perseverance, and the tools of brain science, there is a way through. It will take time. It will take struggle. But hope is real, for there are things you can do to make it to the other side. If you are struggling with suicide loss or you need to come alongside someone who is, Rita Schulte wants to help you move forward. As a suicide loss survivor herself, she understands the pain you’re feeling because she has been there too. Rita, an experienced therapist and expert in traumatic loss, offers a science-based therapy model that also takes into account the role of human spirituality. Chapters in this book include: Making Sense of the Desire to Die The Mind-Body Connection Unfinished Business Making Peace with Ourselves Facing the Dark Side Children—Living Behind the Shadow The Time that Remains When it comes to suicide loss, you’ll never have all the answers. But one thing is certain: there are real pathways to help you heal—body, mind, and spirit.
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